

Pediatric Bodywork Workshop
The Vaughan Approach to Pediatric Bodywork
Special Therapies Institute sponsors: Susan Vaughan Kratz, OT, CST-D

Course Description & Syllabus

The Vaughan Approach is a 3-DAY In-Person clinical application course. Based upon a long occupational therapy career synthesizing many different theories and approaches, the information combines contents of Susan's books:

Bodywork for Sensory Integration
and
Bodywork for Babies

- Practice-informed evidence gathered by the observations of ~25,000 client encounters, guides course participants to develop or advance skills in the specific touch that fuses the benefits of craniosacral therapy, visceral maneuvers, myofascial expansion, lymphatic mobilization, & other soft tissue release.
- This course advances the emerging science of embryological and the developmental progression of fascia and how to interact with it safely and effectively for neonates, infants, and young children.
- The target audience is pediatric professionals licensed to "therapeutically touch." Training in any specific method is not required, but it would be helpful to understand at least the non-invasive nature of craniosacral therapy and other similar osteopathic-derived interventions. All methods in the Vaughan Approach are gauged after this kind of touch. Receiving the work before the class is a great way to learn about it. All participants should come into this class comfortable palpating and locating organs and bony landmarks on their own and a partner's body.
- This course is geared toward an **intermediate-level** of clinical experience offering extended learning for achieving the type of touch for CST, far beyond how many basic classes teach today. It is, after all, this touch that allows the work to happen. Most continuing education classes leave mastering this type of touch to chance.
- We go into tissues others have yet to explore. Techniques learned will correlate to pediatric sensory regulation and modulation. Furthermore, this approach is perfect for addressing the common issues of infancy. Course content can be generalized to all populations.
- All learners will better appreciate the structural issues related to sensory wellness challenges and structural impacts of fascia on function (at all ages). Learners will leave with skills to implement immediately into practice, regardless of manual skill level.

IT'S THE TOUCH THAT MATTERS!